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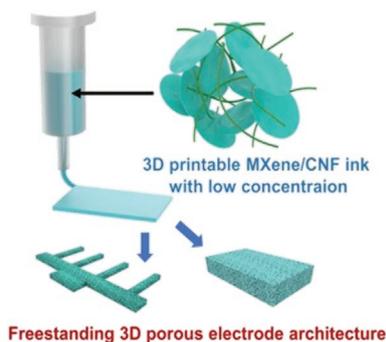
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C. Mei\* .....2109593

**3D Printed  $Ti_3C_2T_x$  MXene/Cellulose  
Nanofiber Architectures for Solid-  
State Supercapacitors: Ink Rheology,  
3D Printability, and Electrochemical  
Performance**



By rationally controlling the dimension and surface chemistry of cellulose nanofibers (CNFs), CNFs are successfully applied as rheology modifiers to formulate viscoelastic, 3D printable MXene-based ink at a low concentration of 8 wt%. The freestanding, hierarchically porous MXene-based electrode architectures can be achieved by 3D printing and freeze-drying approach, which hold the great potential in electrochemical energy storage device.

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# 3D Printed $Ti_3C_2T_x$ MXene/Cellulose Nanofiber Architectures for Solid-State Supercapacitors: Ink Rheology, 3D Printability, and Electrochemical Performance

Guoqiang Zhou, Mei-Chun Li,\* Chaozheng Liu, Qinglin Wu, and Changtong Mei\*

Direct ink writing technology is capable of using 2D MXene to construct 3D architectures for electrochemical energy storage (EES) devices that are normally difficult to achieve using conventional techniques. However, to meet specific rheological requirements for 3D printing, a large amount of MXene is needed in the ink, resulting in a severe self-restacking structure after drying. Herein, a series of cellulose nanofibers (CNFs) with different morphologies and surface chemistries are applied to enhance the rheology of the MXene-based inks with exceptional 3D printability. Various 3D architectures with superior shape fidelity and geometric accuracy are successfully printed using the optimized hybrid ink at a low solid content, generating self-standing, hierarchically porous structures after being freeze-dried, which improves surface area accessibility, ion transport efficiency, and ultimately, capacitive performance. A solid-state interdigitated symmetrical supercapacitor is further 3D printed, which delivers an areal capacitance of  $2.02 \text{ F cm}^{-2}$  and an energy density of  $101 \mu\text{Wh cm}^{-2}$  at a power density of  $0.299 \text{ mW cm}^{-2}$ , and maintains a capacitance retention rate of 85% after 5000 cycles. This work demonstrates the integration of 1D CNFs and 2D MXene in 3D printing technology to prepare customized, multiscale, and multidimensional architectures for the next generation of EES devices.

## 1. Introduction

With rapid evolution of the modern electronics industry, energy storage devices play a crucial role in the future development of portable and smart microsensors, nanorobots, and microelectromechanical systems.<sup>[1]</sup> The capacity of electrochemical energy storage (EES) device could be improved by the rational design of electrode materials formulation that can maximize surface area accessibility and fast ion transport

efficiency.<sup>[2]</sup> However, constructing novel electrodes with complex 3D structures using advanced manufacturing technology remains an arduous task, apart from the innovation of electrode materials. Direct ink writing (DIW), as an emerging additive manufacturing technique, has a great potential in fabricating 3D electrode architecture for integrating into energy storage systems.<sup>[3]</sup> The key to 3D printing of stable architectures with high fidelity relies on the formulation of viscoelastic inks with excellent rheological performance. In general, 3D printable inks are required to have shear thinning behavior, high viscoelasticity, and favorable thixotropy.<sup>[4]</sup> So far, an exciting progress has been made in preparing printable conductive inks utilizing different materials such as graphene,<sup>[5]</sup> carbon nanotubes,<sup>[6]</sup> and activated carbon.<sup>[3d,7]</sup> These inks hold great promise in 3D printing energy storage electrodes.

More recently, MXene, as a family of 2D transition metal carbides, nitrides, and carbonitride, has shown excellent charge storage and transport capabilities due to its high metal conductivity, redox activity, and negatively charged surface.<sup>[8]</sup> Meanwhile, the surface functional groups ( $T_x$ ) such as  $-O$ ,  $-OH$ , and  $-F$  endow MXene with hydrophilicity, allowing it to effectively form aqueous suspensions for further fabricating into electrodes using various methods such as vacuum filtration,<sup>[1d,9]</sup> freeze-drying,<sup>[10]</sup> and spin coating.<sup>[11]</sup> While these processing approaches hold a great potential in producing MXene-based electrodes for EES devices, there still remain limitations with respect to the electrode architectural design. To realize this challenge, various printing techniques including inkjet printing,<sup>[12]</sup> screen printing,<sup>[13]</sup> and extrusion 3D printing (DIW)<sup>[2a,14]</sup> were applied for constructing MXene electrodes with controllable pattern and architecture.<sup>[15]</sup> The rheological requirements of ink for those printing methods vary greatly from low-viscosity MXene dispersion for inkjet and screen printing to highly viscous paste for extrusion 3D printing.<sup>[16]</sup> To date, viscoelastic MXene-based inks with high viscosity have been developed for constructing electrodes with controllable architecture using the DIW.<sup>[3d,14]</sup> However, these MXene-based inks require extremely high concentrations to achieve printable rheological properties that allow them smooth flow through the narrow printed nozzles while retaining the

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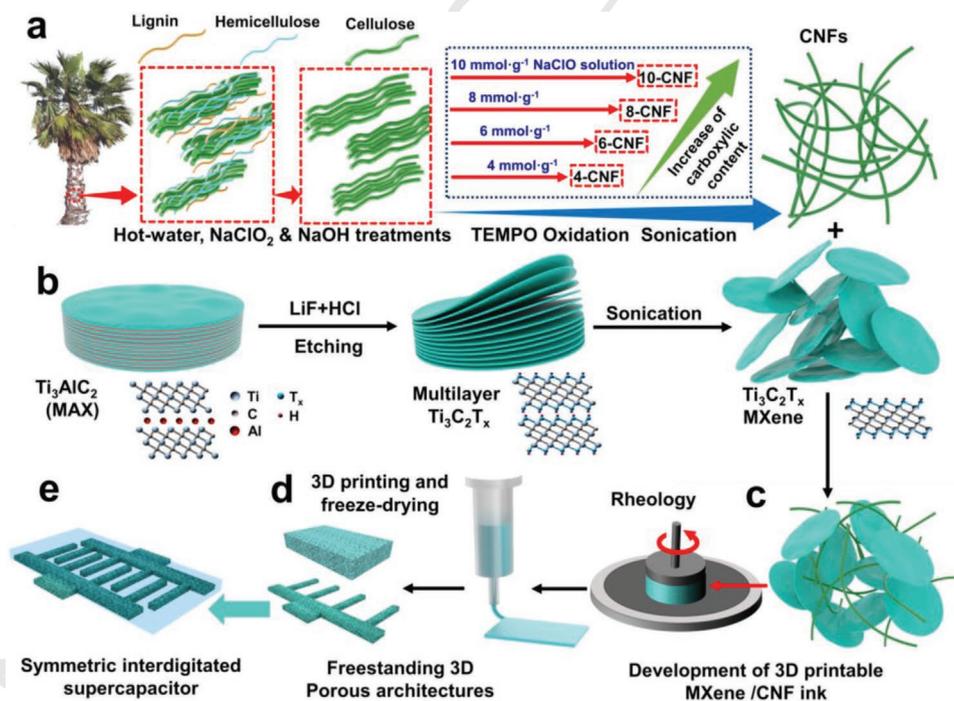
extruded filaments' shape even after printing multiple layers, which undoubtedly increases the cost-effectiveness of MXene. In addition, analogous with other 2D materials (e.g., graphene oxide), MXene nanosheets are prone to restack through van der Waals forces at high concentrations, resulting in limited surface accessibility, sluggish ionic kinetics, and ultimately ordinary capacitive performance.<sup>[10]</sup> Therefore, it is of great significance to develop a novel strategy to prepare the viscoelastic, 3D printable MXene-based ink at a low MXene concentration.

Cellulose nanofibers (CNFs) with a high aspect ratio derived from abundant biomass resources hold outstanding adjustable rheological properties after being dispersed in water.<sup>[17]</sup> A wide range of parameters, including morphology (e.g., rod, fiber, and net), dimension (e.g., width, length and aspect ratio), surface chemistry (e.g., hydrophilicity, hydrophobicity, types of functional groups, and density of surface charge), and suspension environments (e.g., concentration, pH, temperature, salinity, and addition of water-soluble polymers) can be employed to control the rheological properties of CNF suspension.<sup>[4]</sup> Previous studies have demonstrated that the CNF suspension could translate to viscoelastic gel with a strongly entangled network even at low concentrations (e.g., 1.7–2.5 wt%), which can be employed for 3D printing of advanced functional materials.<sup>[18]</sup> Additionally, CNFs can be also used as a rheology modifier in combination with other functional materials to produce 3D printable gel inks.<sup>[19]</sup> Hence, it is reasonably hypothesized that low solid content, viscoelastic, 3D printable MXene inks could be realized using CNFs as a rheological modifier via rational design of dimension and surface chemistry of CNFs.

In this contribution, we derived a series of 2,2,6,6-tetramethylpiperidine-1-oxyl (TEMPO)-mediated oxidized CNFs with different diameters and gradient numbers of carboxylate groups on the surface from oil palm woody material via controlling the oxidant content, and applied them as rheology modifiers to formulate viscoelastic, 3D printable MXene-based ink at the low concentration of 8 wt% (Figure 1). Subsequent 3D printing of the optimized MXene/CNF inks resulted in customized 3D architectures with highly geometric accuracy. After being freeze-dried, the self-standing, hierarchically porous 3D scaffolds were obtained, which exhibited superior capacitive performance. It is worth noting that the low solid content of 3D printing ink and post freeze-drying route were critical for the formation of hierarchically porous structure, which suppressed the restacking of MXene nanosheets, and improved surface area accessibility within the 3D scaffolds. Furthermore, a solid-state interdigitated symmetric supercapacitor (SSC) device was fabricated based on the 3D printed freeze-dried MXene/CNF pectinate electrodes. It exhibited an areal capacitance of  $2.02 \text{ F cm}^{-2}$  ( $25.4 \text{ F cm}^{-3}$ ) at  $1 \text{ mA cm}^{-2}$ , and an energy density of  $101 \mu\text{Wh cm}^{-2}$  at a power density of  $0.299 \text{ mW cm}^{-2}$ .

## 2. Results and Discussion

Oil palm fibers (OPFs) are derived from oil palm woody material, the highest yielding oil crop in the world, which contain 43–65% cellulose, 13–25% lignin, and 17–34% hemicellulose.<sup>[20]</sup> Accordingly, a series of steps, including hot-water,  $\text{NaClO}_2$  and

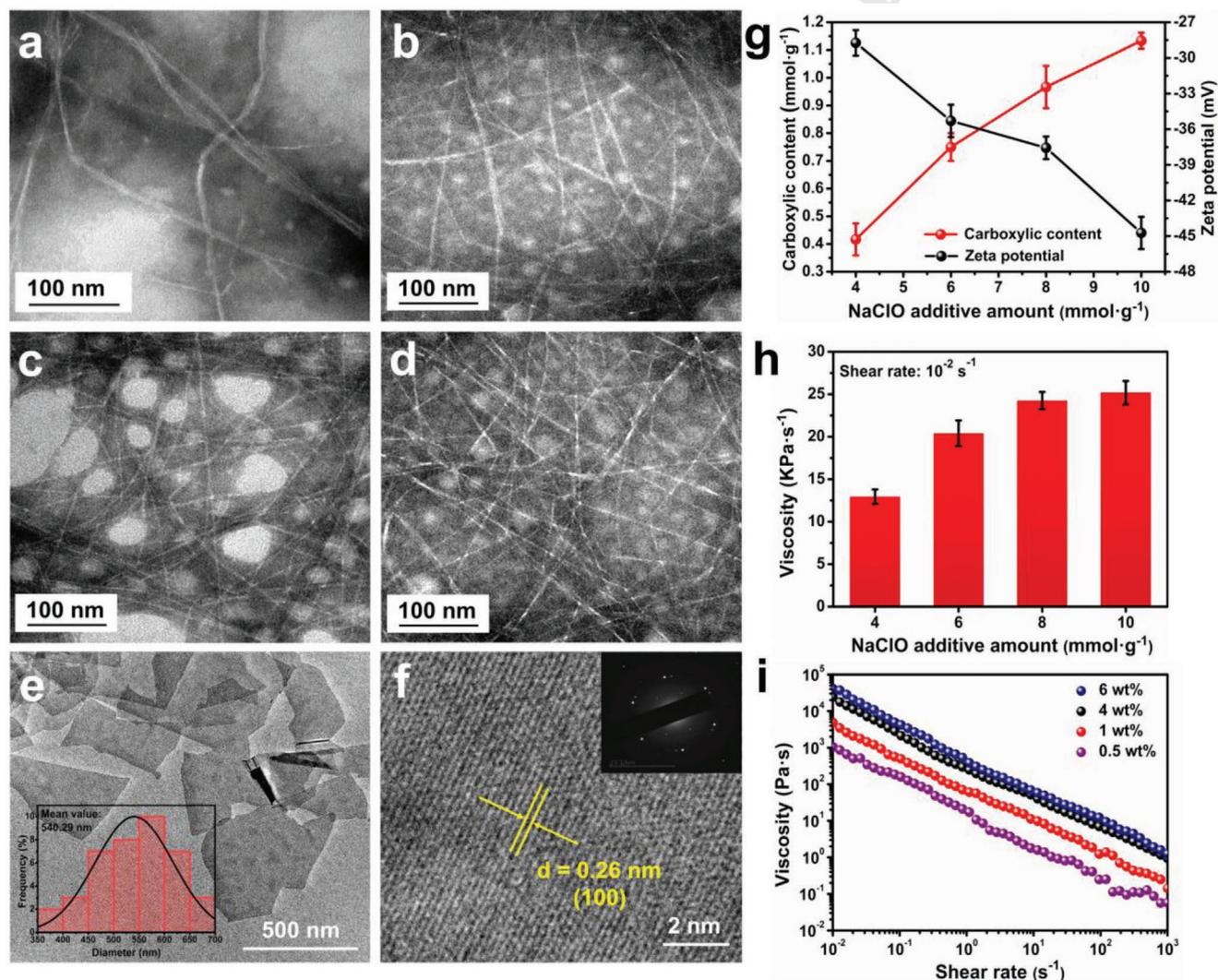


**Figure 1.** Schematic illustration of the manufacturing strategy for 3D printing of freestanding, hierarchically porous MXene/CNF 3D architecture and symmetric interdigitated supercapacitor: a) Extraction of 1D CNFs from oil palm tree trunk via a series of steps including hot-water,  $\text{NaClO}_2$  and  $\text{NaOH}$  treatments, TEMPO oxidation, and sonication. b) Synthesis of 2D MXene nanosheets using the mild etching method, followed by sonication. c) Preparation of MXene/CNF ink and evaluation on its rheological properties. d) 3D printing of ink layer by layer, followed by freeze-drying to produce freestanding 3D porous architectures. e) Fabrication of a solid-state symmetrical supercapacitor using two 3D printed pectinate electrodes.

1 NaOH treatments, TEMPO-mediated oxidation, and ultrasoni-  
2 cation, were designed to isolate CNFs from OPFs (Figure 1a).  
3 The hot-water treatment removed most impurities and gener-  
4 ated less compact fiber structure compared with neat OPFs  
5 (Figure S1a,b, Supporting Information). After the removal  
6 of lignin and hemicellulose using 4 wt% NaClO<sub>2</sub> solu-  
7 tion and 5 wt% NaOH solution, highly pure cellulose fibers  
8 were obtained, as shown by the change in fiber morphology  
9 (Figure S1c, Supporting Information) and disappearance of  
10 characteristic absorption peaks of hemicellulose and lignin at  
11 1247, 1461, 1512 and 1732 cm<sup>-1</sup> in FTIR spectra (Figure S2, Sup-  
12 porting Information).<sup>[21]</sup> To achieve nanofibrillation, an efficient  
13 TEMPO-mediated oxidation method was applied.<sup>[22]</sup> During the  
14 TEMPO oxidation process, TEMPO radical reacted with NaClO  
15 oxidant to generate nitrosonium ions (+N=O) that then in situ  
16 oxidized the C6-primary hydroxyl group (-OH) of cellulose to  
17 carboxylate group (-COO<sup>-</sup>) (Figure S3, Supporting Informa-  
18 tion). This resulted in the presence of electrostatic repulsion

1 between carboxylate groups on the surface of cellulose fibers,  
2 which promoted the subsequent nanofibrillation of cellulose  
3 using sonication.

4 The diameter, carboxylate content, and crystallinity of CNFs  
5 can be tailored by controlling the amount of NaClO oxidant  
6 ranging from 4 to 6, 8, and 10 mmol g<sup>-1</sup>, producing four types  
7 of CNFs referred as 4-CNF, 6-CNF, 8-CNF, and 10-CNF, respec-  
8 tively. As shown in Figure 2a–d, the average diameter of CNFs  
9 decreases with an increase in the amount of NaClO oxidant,  
10 i.e., 11.79, 6.12, 4.56, and 4.27 nm for 4-CNF, 6-CNF, 8-CNF,  
11 and 10-CNF, respectively (Figure S4, Supporting Information).  
12 Notably, 10-CNF material exhibits the smallest diameter close to  
13 that of elementary fibril (i.e., ≈3.5 nm).<sup>[23]</sup> This is attributed to  
14 the highest electrostatic repulsion caused by the increase of car-  
15 boxylate content, which promoted the degree of nanofibrillation  
16 of cellulose.<sup>[24]</sup> The content of carboxylate group on the surface  
17 of CNFs was determined using the conductometric titration  
18 method (Figure S5, Supporting Information). As shown in



**Figure 2.** Characterizations of CNFs and MXene: TEM images of a) 4-CNF, b) 6-CNF, c) 8-CNF, d) 10-CNF, and e) MXene. f) HRTEM image of MXene. g) Carboxylate content and Zeta potential of different CNFs. h) Viscosity at a shear rate of 10<sup>-2</sup> s<sup>-1</sup> for different CNF suspensions at a concentration of 4 wt%. i) Viscosity of the 8-CNF suspension as a function of shear rate at different concentrations from 0.5 to 6 wt%. Note, in panel (e), inset is the lateral size distribution of MXene. In panel (f), inset is the SAED patterns of MXene.

1 Figure 2g, the 10-CNF material possesses the highest carboxy-  
2 late content of 1.13 mmol g<sup>-1</sup> as well as the lowest zeta potential  
3 value of -44.7 mV, which strongly supports our previous expla-  
4 nation that the electrostatic repulsion induced by carboxylated  
5 groups is responsible for the diameter of CNFs. In addition,  
6 the increase in the amount of NaClO oxidant does not alter the  
7 crystalline form, while the crystallinity gradually decreases from  
8 67.30% to 48.54% (Figure S6, Supporting Information). This is  
9 caused by the conversion of primary hydroxy groups at the C6  
10 position of cellulose to carboxylate groups by having sodium  
11 glucuronosyl units and therefore made the part of crystalline  
12 structure of cellulose turn to disordered structure.<sup>[25]</sup>

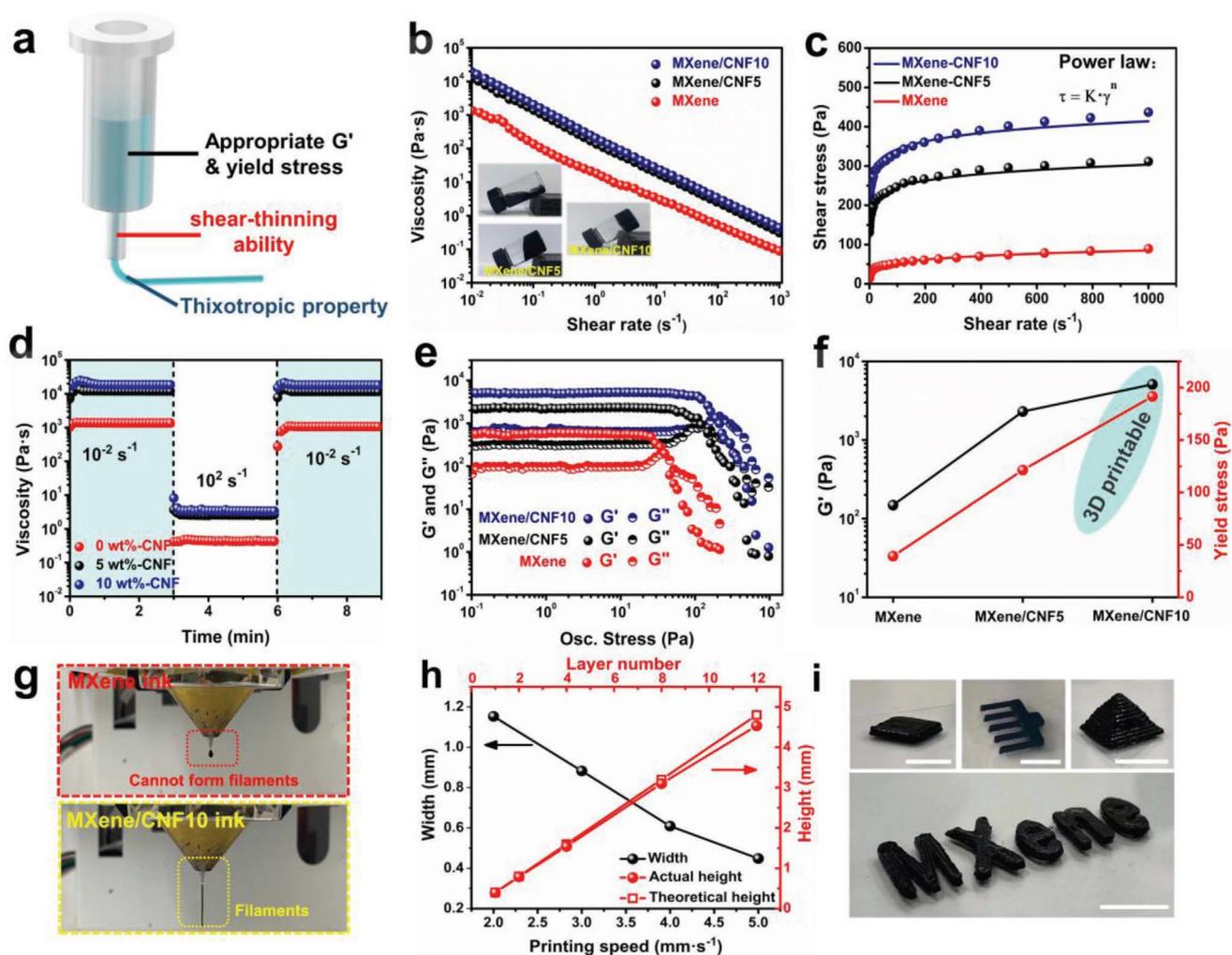
13 The notable variation in diameter, carboxylate content, and  
14 crystallinity in turn affect the rheological properties of CNF-  
15 water suspensions, therefore enabling CNFs as rheological  
16 modifiers to formulate 3D printable MXene ink more effec-  
17 tively. As presented in Figure S7a in the Supporting Informa-  
18 tion and Figure 2h, the steady-state viscosity of 4 wt% 4-CNF,  
19 6-CNF, 8-CNF, and 10-CNF suspensions at a shear rate of  
20 10<sup>-2</sup> s<sup>-1</sup> are 12.95, 20.40, 24.25, and 25.19 kPa s<sup>-1</sup>, respectively.  
21 Similar to the viscosity, the viscoelastic properties of CNF sus-  
22 pensions show an analogous trend, i.e., both storage modulus  
23 (*G'*) and loss modulus (*G''*) increase with an increase in the  
24 amount of NaClO (Figure S7b, Supporting Information). These  
25 results suggest that the decrease in diameter and increase in  
26 carboxylate groups of CNFs are beneficial for the formation of  
27 more entangled network, leading to higher viscosity and *G'*. It  
28 is worth noting that when the amount of NaClO is increased  
29 from 8 to 10 mmol g<sup>-1</sup>, the enhancement in viscosity and *G'*  
30 becomes very limited. According to morphological and surface  
31 charge analyses (Figure 2a–d,g), the 8-CNF and 10-CNF sam-  
32 ples have similar dimension in diameter, but distinctive charge  
33 density. These observations reveal that the diameter might have  
34 a more pronounced influence on the rheological properties  
35 than charge density. Considering the consumption of NaClO  
36 and enhanced rheological properties, the 8-CNF material is  
37 chosen as the optimized rheological modifier. In addition, the  
38 concentration-dependent rheological behavior of 8-CNF sus-  
39 pensions was further evaluated. As shown in Figure 2i, the  
40 8-CNF suspensions possess significant shear-thinning behavior  
41 together with a broad range of viscosity from 0.06 to 41 051.78  
42 Pa s<sup>-1</sup> depending on the concentration of the 8-CNF mate-  
43 rial applied. For instance, at a low concentration of 0.5 wt%,  
44 the viscosity decreases from 1048.04 to 0.06 Pa s<sup>-1</sup> as the shear  
45 rate increases from 10<sup>-2</sup> to 10<sup>3</sup> s<sup>-1</sup>. At a high concentration of  
46 6 wt%, the viscosity decreases from 41 051.78 to 1.26 Pa s<sup>-1</sup> as  
47 the shear rate increases from 10<sup>-2</sup> to 10<sup>3</sup> s<sup>-1</sup>. The highly adjust-  
48 able viscosity and profound shear-thinning feature make the  
49 8-CNF sample as an excellent rheological modifier to formulate  
50 the viscoelastic MXene-based gel for 3D printing.

51 MXene nanosheets were synthesized by selective etching the  
52 Al from the Ti<sub>3</sub>AlC<sub>2</sub> in a mixture of LiF and HCl solution, fol-  
53 lowed by sonication treatment (Figure 1b). Scanning electron  
54 microscopy (SEM) images present that the nubbly Ti<sub>3</sub>AlC<sub>2</sub>  
55 changes to accordion-like multilayered Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub> after etching  
56 treatment due to the removal of the Al layer (Figure S8, Sup-  
57 porting Information). Further sonication leads to the exfoliation  
58 of multilayer Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub>, generating individual 2D MXene flakes  
59 with a mean diameter of 540.29 nm (Figure 2e). Figure 2f

1 shows the high-resolution transmission electron microscope  
2 (HRTEM) images of MXene, in which well-resolved lat-  
3 tice fringes with a typical interplanar spacing of 0.26 nm is  
4 observed. Furthermore, the selected area electron diffraction  
5 (inset in Figure 2f) exhibits hexagonal symmetry of the planes,  
6 which is well in agreement with other studies.<sup>[26]</sup>

7 A series of MXene/CNF inks with varied CNF loadings from  
8 0 to 5 and 10 wt% (referred as MXene, MXene/CNF5, and  
9 MXene/CNF10 in the following discussion) were developed  
10 by mixing MXene and 8-CNF suspensions and concentrating  
11 the mixture to a total solid content of 8 wt%. It is worth noting  
12 that this solid content is much lower than that of highly con-  
13 centrated MXene-based inks (i.e., 28.9 wt% and 300 mg mL<sup>-1</sup>)  
14 required for 3D printing.<sup>[14b,27]</sup> In addition, achieving homog-  
15 enous dispersion of CNFs and MXene in the hybrid ink is  
16 critically important for the formation of viscoelastic gel for 3D  
17 printing as well as the smooth extrusion of ink through the  
18 needle without clogging. However, due to the highly viscous  
19 nature of CNFs, obtaining the uniform dispersion is chal-  
20 lenging using the conventional mechanical agitation approach.  
21 To address this issue, a vacuum planetary high-speed mixer,  
22 which possesses the capacity of mixing high viscous materials,  
23 was applied to treat the hybrid. After treatment at a rotating rate  
24 of 1500 rpm for 30 min, the dark, homogeneous, viscoelastic  
25 gels are generated, which show tunable gel strength as a func-  
26 tion of CNF loading (Figure S9, Supporting Information).

27 For the 3D printing technique based on direct ink writing,  
28 the printability of ink (e.g., extrudability, filament formation,  
29 shape fidelity, and geometrical accuracy) greatly depends on  
30 its rheological properties.<sup>[28]</sup> A 3D printable ink should pos-  
31 sess 1) superior shear-thinning ability, enabling the smooth  
32 extrusion of ink through deposition nozzle under shear force  
33 and formation of smooth filament; 2) outstanding thixotropic  
34 property, allowing a rapid recovery in viscosity or viscoelasticity  
35 after 3D printing; and 3) an appropriate yield stress and storage  
36 modulus to achieve high shape fidelity of printed 3D constructs  
37 without deformation and collapsing (Figure 3a). Therefore, the  
38 rheological properties of the MXene-based gel inks, including  
39 steady-state viscosity and shear stress (Figure 3b,c), thixotropic  
40 behavior (Figure 3d), and viscoelastic properties (Figure 3e),  
41 were comprehensively studied. As shown in Figure 3b, the vis-  
42 cosity of the gel inks is gradually increased with an increase in  
43 CNF loading, and the whole inks demonstrate a distinct shear  
44 thinning behavior due to the destruction of network structure  
45 under high shear stress. The shear-thinning behavior is essen-  
46 tial for 3D printable ink because that could guarantee the ink  
47 to uniformly flow out a narrow orifice driven by the printing  
48 pressure.<sup>[14a,29]</sup> Interestingly, the MXene/CNF10 ink even pre-  
49 sents higher viscosity values than these from highly concen-  
50 trated pure MXene inks reported previously (e.g., 28.9 and  
51 70 wt%) by one order of magnitude,<sup>[14b,30]</sup> indicating that high-  
52 aspect-ratio CNFs are effective to form a robust gel network with  
53 MXene nanosheets, leading to the formation of 3D printable  
54 ink at a much lower solid content of only 8 wt%. The curves of  
55 shear stress versus shear rate (Figure 3c) were well fitted by the  
56 power law (equation in Figure 3c and detailed in the Supporting  
57 information). The calculated values of the parameter *n* (i.e., flow  
58 behavior index) in Table S1 in the Supporting Information are  
59 <1, indicating that the inks are a typical non-Newtonian fluid



**Figure 3.** Rheology properties and 3D printability of the MXene/CNF gel inks: a) Schematic diagram of the rheological properties required for 3D printable gel inks. b) The viscosity as a function of shear rate; inset is the digital images of the pure MXene, MXene/CNF5, and MXene/CNF10 gel inks, all solid concentration of gel inks is 8 wt%. c) Shear stress as a function of shear rate, and the curves are fitted by the power law. d) Viscosity evolution over time for alternating low ( $10^{-2} \text{ s}^{-1}$ ) and high shear rates ( $10^2 \text{ s}^{-1}$ ). e)  $G'$  and  $G''$  as a function of oscillatory stress. f)  $G'$  at plateau regions and yield stress obtained at the crossover point between  $G'$  and  $G''$ . g) Digital appearance of MXene and MXene/CNF10 inks upon extruding. h) The width of the extruded MXene/CNF10 filaments on a glass substrate under different substrate moving speeds, as well as the actual height and theoretical height of the 3D printed MXene/CNF10 block architectures with different layers; note: the theoretical height is calculated based on the designed block models. i) Different 3D printed architectures using the MXene/CNF10 ink, including block (2 layers, scale bar: 5 mm), pectinate structure (2 layers, scale bar: 10 mm), pyramid (12 layers, scale bar: 10 mm), and MXene font (3 layers, scale bar: 10 mm).

with shear-thinning peculiarity.<sup>[4]</sup> Additionally, the  $K$  value (i.e., consistency coefficient) of MXene, MXene/CNF5, and MXene/CNF10 inks are 21.35, 161.13, and 234.78, respectively; which also reveals that the more CNFs in the ink, the higher the viscosity of the ink is.<sup>[31]</sup> The thixotropic behavior was investigated by monitoring the change in viscosity when the alternating low and high shear rates were applied (Figure 3d). Initially, to simulate the pre-extrusion condition, an extremely low shear rate of  $10^{-2} \text{ s}^{-1}$  was applied. After being continuously shear-mixed for 3 min, the shear rate was raised to  $10^2 \text{ s}^{-1}$ , modeling the ink extrusion process through narrow nozzle. It was observed that the viscosity promptly dropped while the higher shear rate was applied. At this stage, the MXene/CNF gel network destroyed and its structural units responded to the shear stress by aligning themselves in the direction of flow, hence exhibiting

strong shear-thinning behavior that enables the ink to flow out the nozzle (Figure 3b). Finally, when the shear rate was returned to  $10^{-2} \text{ s}^{-1}$ , the viscosity instantaneously recovered as a result of the restoration of MXene/CNF gel network. The inks show different viscosity recovery percentages depending on the CNF loading and recovery time. At a recovery time of 3 min, the viscosity recovery percentages of MXene, MXene/CNF5, and MXene/CNF10 inks are 87.74%, 98.51%, and 99.12%, respectively. These observations demonstrate that the MXene/CNF10 ink could fleetly restored its original state and maintain stable as-printed architecture after extrusion during the 3D printing process. The viscoelastic properties of MXene/CNF inks were further examined by dynamic rheological measurements as functions of oscillatory stress and angular frequency. Obviously, the whole inks present predominantly solid-like behavior at the

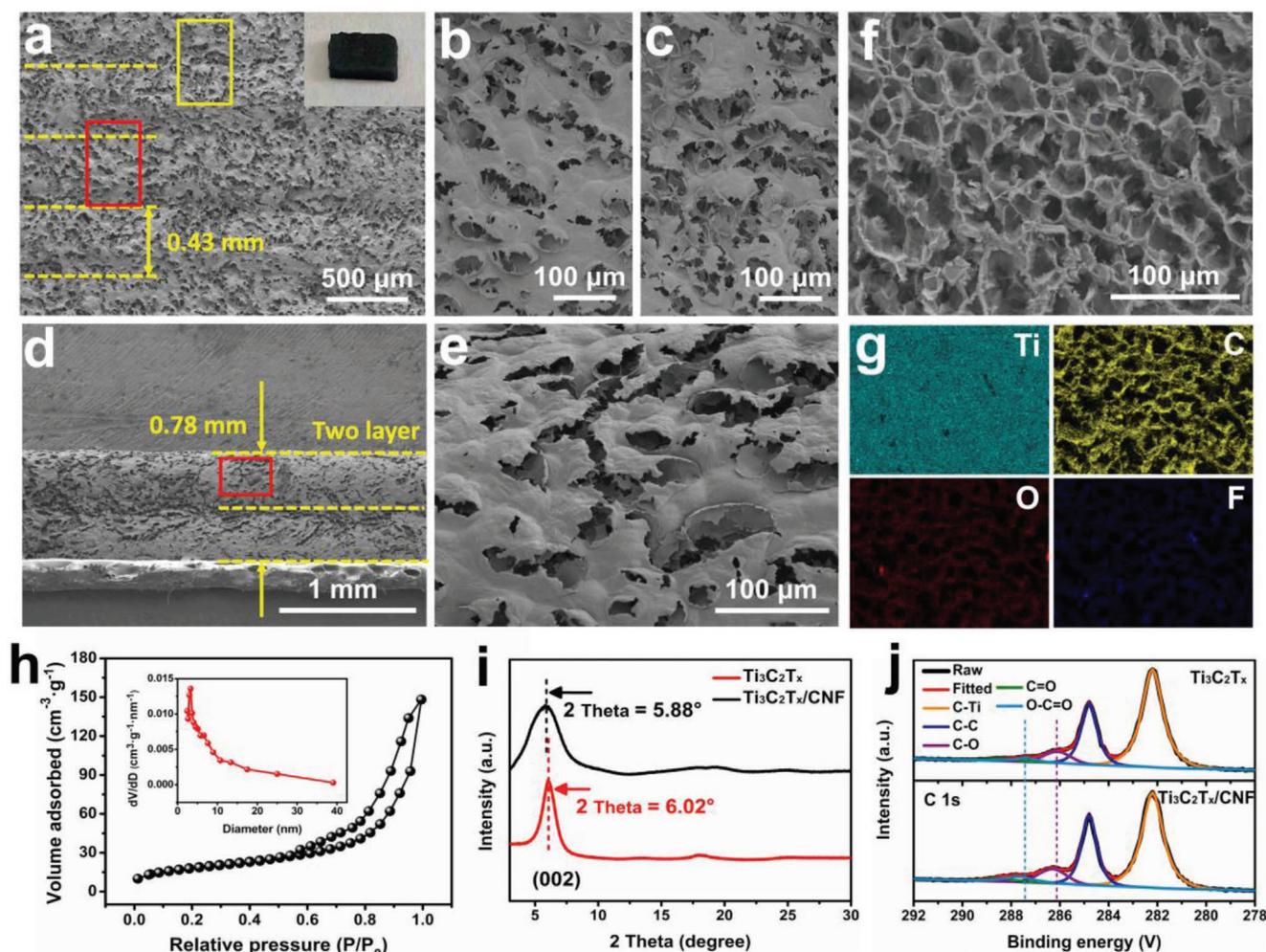
1 region below the crossover point ( $G' > G''$ ). When the stress  
2 increases above the yield stress (i.e., the stress at the crossover  
3 point of  $G' = G''$ ), however, the networked structure breaks and  
4 thus the solid to liquid transition occurs (Figure 3e). The mag-  
5 nitude of the  $G'$  at the plateau region (i.e., the region where  
6  $G'$  is almost independent of stress) and yield stress increase  
7 as the CNF loading becomes higher (Figure 3f). Especially for  
8 the MXene/CNF10 ink, the  $G'$  at the plateau region and yield  
9 stress reach the highest values of  $\approx 5100$  and 191.56 Pa, respec-  
10 tively. Furthermore, the angular frequency sweeping measure-  
11 ments also reveal that the MXene/CNF10 inks maintained high  
12  $G'$  and complex modulus independent of angular frequency  
13 (Figure S10, Supporting Information). The high modulus and  
14 yield stress of the MXene/CNF10 ink represent a stiffer pecu-  
15 liarity which is desirable for the self-standing architecture  
16 without deformation. Figure S11 in the Supporting Information  
17 displays the TEM image of the diluted MXene/CNF10 ink, in  
18 which the MXene nanosheet is wrapped by the entangled CNFs  
19 network. This unique structure of 2D material wrapped by 1D  
20 entanglement network is responsible for improving rheological  
21 properties. Taken together, the exceptional rheological proper-  
22 ties of the MXene/CNF10 ink, including significant shear-thin-  
23 ning capacity, superior thixotropic behavior, and high  $G'$  as well  
24 as yield stress, ensure their good 3D printability, which will be  
25 discussed in the following section.

26 The as-prepared gel inks were loaded into the syringe  
27 attached with a needle having a diameter of 0.4 mm to examine  
28 the 3D printability. A Dr. INVIVO 4D bioprinter (ROKIT  
29 Healthcare, INC, South Korea) equipped with a pneumatic dis-  
30 penser was applied for 3D printing. Upon extrusion, the pure  
31 MXene ink with low viscosity generated droplets (Figure 3g,  
32 top), leading to discontinuous flow, i.e., poor extrudability.  
33 By contrast, the uniform, continuous filament was extruded  
34 using the MXene/CNF10 ink (Figure 3g, bottom) ascribing  
35 to its homogeneity and improved rheological performance.  
36 Then, through simply extruding a linear filament on a glass  
37 substrate, we evaluated the filament formation as a function  
38 of substrate moving speed (i.e., printing speed) (Figure S12,  
39 Supporting Information). It was found that the minimum pres-  
40 sure required for extrusion is 35 kPa. At this condition, the  
41 width of filament gradually decreases from 1.15 to 0.44 mm  
42 as the substrate moving speed increases from 2 to 5 mm s<sup>-1</sup>  
43 (Figure 3h). Further increase in the substrate moving speed  
44 leads to breakage of filament, which is undesirable. The min-  
45 imum width of 0.44 mm is slightly wider than the diameter of  
46 the nozzle (i.e., 0.40 mm), which is probably due to the pos-  
47 textruding swelling behavior as reported in previous study.<sup>[32]</sup>  
48 The shape fidelity was further examined through 3D printing  
49 of block architectures with different layers (Figure S13, Sup-  
50 porting Information). The actual and theoretical heights of the  
51 3D printed block as a function of layer number was directly  
52 contrasted. As shown in Figure 3h, the one single layer has a  
53 height of 0.39 mm, and the blocks with 2, 4, 8, and 12 layers  
54 have heights of 0.79, 1.54, 3.10, and 4.54 mm, respectively. The  
55 actual heights are close to the theoretical heights, despite the  
56 slight discrepancy appears as more layers are deposited. Due to  
57 the excellent 3D printability of MXene/CNF10 ink, a variety of  
58 3D architectures, including block, pectinate structure, pyramid,  
59 and MXene font, were successfully printed, all of which exhibit

highly geometrical accuracy without deformation and collapse  
(Figure 3i).

Previous investigations reported that direct drying of the 3D  
printed MXene-based architecture led to shrinkage along the  
width, length and height of architecture due to the presence  
of a large amount of water in the ink.<sup>[14b]</sup> Herein, freeze-drying  
strategy was employed to maintain the internal integrity and the  
external shape of 3D printed MXene/CNF10 architectures. This  
resulted in minimal shrinkage, despite our 3D printed MXene/  
CNF10 architectures contain a much larger portion of water  
(i.e.,  $\approx 92$  wt%). Figure 4a,d shows the top and side view SEM  
images of freeze-dried, 3D printed MXene/CNF10 block archi-  
tecture with two deposition layers, respectively. From the top-  
view SEM image, the tightly connected filaments of  $\approx 0.43$  mm  
in diameter appears, exhibiting minimal shrinkage compared  
with the filament in a gel state (i.e., 0.44 mm in diameter).  
The edge-view SEM image shows the clear boundary between  
two individual filament layers with a total height of  $\approx 0.78$  mm,  
which is close to the height of 3D printed gel block (i.e.,  
0.79 mm) as well. The exceptional viscoelastic properties and  
freeze-drying technique are responsible for the stable configu-  
ration without severe internal collapse. Furthermore, the highly  
porous structure appeared both on the surface and inside of  
freeze-dried block architecture (Figure 4b,c,e,f). The cross-sec-  
tional image (Figure 4f) displays an internal network with inter-  
connected pores ranging from 4 to 24  $\mu\text{m}$  in diameter, caused  
by the sublimation of ice crystals during freeze-drying. Besides,  
Ti, C, O, and F elements are uniformly distributed in the cross-  
section (Figure 4g), suggesting the homogeneous mixing of  
CNFs and MXene. Based on the N<sub>2</sub> adsorption and desorption  
isotherms (Figure 4h), the 3D printed block architecture shows  
a specific surface area of 78.13 m<sup>2</sup> g<sup>-1</sup>, which is predominantly  
contributed by the mesoporous internal structures indicated  
by the typical IV adsorption/desorption isotherm. The specific  
surface area of the 3D printed MXene/CNF block architecture  
is much higher than those of MXene-based films/aerogels (i.e.,  
30.9 and 16.2 m<sup>2</sup> g<sup>-1</sup>) prepared by conventional fabrication tech-  
niques.<sup>[33]</sup> In fact, the conventional fabrication techniques (e.g.,  
vacuum filtration or casting) always give rise to the restacking  
of MXene nanosheets, leading to the low surface utilization of  
the MXene-based electrode.<sup>[10,34]</sup> By constant, the integration of  
3D printing technique and post freeze-drying treatment in this  
work leads to assembly of the 2D MXene nanosheets and 1D  
CNFs into a porous structure within the architecture. Mean-  
while, CNFs might act as intercalating agents, which prevents  
normal restacking of MXene nanosheets (Figure S14, Sup-  
porting Information), and therefore improve their surface area  
accessibility.

To confirm the interaction between CNFs and MXene, the  
microstructure of 3D printed MXene/CNF block architecture  
was further investigated using X-ray diffraction (XRD), X-ray  
photoelectron spectroscopy (XPS), and FTIR analyses. As  
shown in Figure 4i, after the inclusion of CNFs, the character-  
istic (002) peak of MXene shifts from 6.02° to 5.88°, proving the  
successful intercalation of CNFs into MXene nanosheets.<sup>[1d]</sup>  
Then, the question is raised why CNFs are capable of interca-  
lating and what the driving force is for their intercalation. To  
this end, XPS and FTIR spectra were recorded (Figures S15 and  
S16, Supporting Information). From the high-resolution C 1s

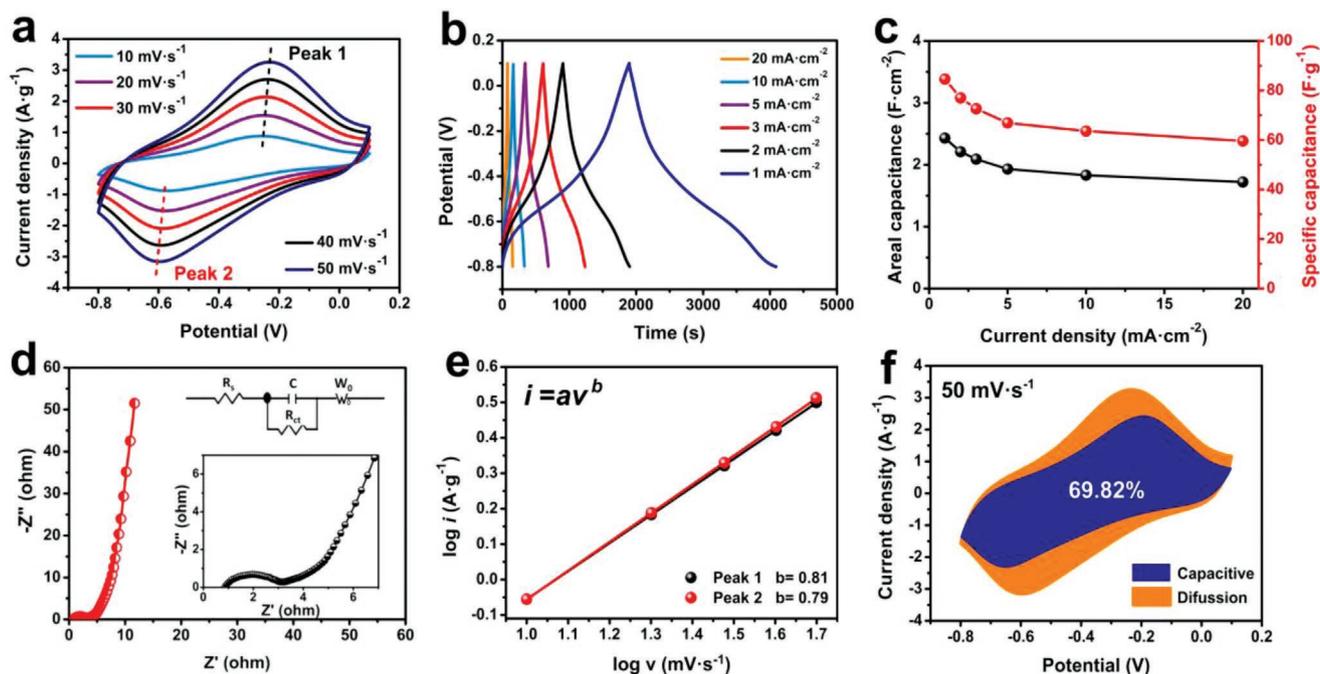


**Figure 4.** Morphology and chemical structure of 3D printed, freeze-dried MXene/CNF10 block: a) Top view SEM image; inset is the digital appearance. b,c) The enlarged SEM images corresponding to the red and yellow frame parts in panel (a), respectively. d) Side view SEM image. e) The enlarged SEM image corresponding to the red frame part in panel (d). f) Cross-sectional SEM image. g) The corresponding EDS mapping of Ti, C, O, and F elements. h)  $N_2$  adsorption and desorption isotherms; the inset is pore size distribution, which displays a main pore size centered at the 3.26 nm. i) XRD patterns. j) High-resolution C 1s spectra.

spectra (Figure 4j), as the CNFs are compounded, the binding energy peaks of C–O and C=O groups increases from 286.1 and 287.4 eV to 286.3 and 287.8 eV, respectively. More importantly, the absorption peak of –OH group at  $3421\text{ cm}^{-1}$  in FTIR spectra also shifts to  $3416\text{ cm}^{-1}$  in the presence of CNFs (Figure S16, Supporting Information). These results reveal that the formation of strong hydrogen bonding between MXene and CNFs is the main driving force for intercalation, which agree well with the previous studies.<sup>[35]</sup> Consequently, the 3D printed porous MXene/CNF architectures exhibit favorable mechanical performance, as demonstrated by tensile and compression tests (Figure S17, Supporting Information). The 3D printed rectangle block with three layers has the tensile strength and modulus up to 0.225 and 5.733 MPa, respectively. The 3D printed quadrate block with six layers has the compressive modulus of 0.338 MPa, and the compressive strength of 0.258 MPa at strain of 80%.

The hierarchically porous structure of 3D printed block as well as the inherent electrochemical activity of MXene allow

us to explore its potential in the energy storage application as a freestanding electrode. The electrochemical measurements for the 3D printed MXene/CNF10 block were carried out using a typical three-electrode system in 1 M  $H_2SO_4$  and the corresponding results are shown in Figure 5. The Cyclic voltammetry (CV) profiles (Figure 5a) display a pair of signature redox peaks associated with the protonation and change in the oxidation states of Ti atoms, suggesting the typical pseudocapacitive behavior of MXene.<sup>[1d]</sup> Figure 5b shows the galvanostatic charge–discharge (GCD) profiles at various current densities from 1 to 20  $\text{mA cm}^{-2}$ . All the curves show a nearly symmetrical nonlinear triangle, indicating the good reversibility in the charging/discharging process as well as the pseudocapacitive nature of MXene. The rate performance obtained from the GCD curves exhibits a favorable areal capacitance value of  $2.43\text{ F cm}^{-2}$  ( $84.6\text{ F g}^{-1}$ ) at  $1\text{ mA cm}^{-2}$  associated with high retention of  $\approx 70\%$  at  $20\text{ mA cm}^{-2}$  ( $1.72\text{ F cm}^{-2}/59.6\text{ F g}^{-1}$ ). This suggests the good rate performance and high surface utilization of MXene in 3D printed electrode (Figure 5c). The remarkable



**Figure 5.** Electrochemical performance of the 3D printed, freeze-dried MXene/CNF10 block in 1 M H<sub>2</sub>SO<sub>4</sub> electrolyte: a) CV profiles at different scan rates (10–50 mV s<sup>-1</sup>). b) GCD profile at various current densities (1–20 mA cm<sup>-2</sup>). c) The areal and specific capacitance at various current densities. d) Nyquist plots. e) Logarithm plot of peak currents as function of scan rates. f) CV profile at 50 mV s<sup>-1</sup> with the blue area representing the surface capacitive contribution.

electrochemical performance of 3D printed block electrode can be ascribed to 1) high conductivity of MXene, ensuring efficient current collection; and 2) the 3D hierarchically pore structure, facilitating efficient infiltration of the electrolyte and allowing the fast diffusion of ions, as proved by the Nyquist plots in Figure 5d. The nearly vertical line in the low-frequency region suggests the facile ion diffusion owing to the presence of a highly porous structure, while the small semicircle in the medium-frequency region reveals that the addition of only 10 wt% CNFs did not cause a large charge-transfer resistance.<sup>[36]</sup> To quantitatively determine the equivalent series resistance ( $R_s$ ) and the charge transfer resistance ( $R_{ct}$ ), an electric equivalent circuit was used, as shown in the inset of Figure 5d. The  $R_s$  and  $R_{ct}$  values were determined to be 0.87 and 2.87  $\Omega$ , respectively; indicating the good conductivity and electron transfer capacity of the block electrode.

The charge storage kinetics analysis was carried out from the CV curves using the following equation<sup>[36]</sup>

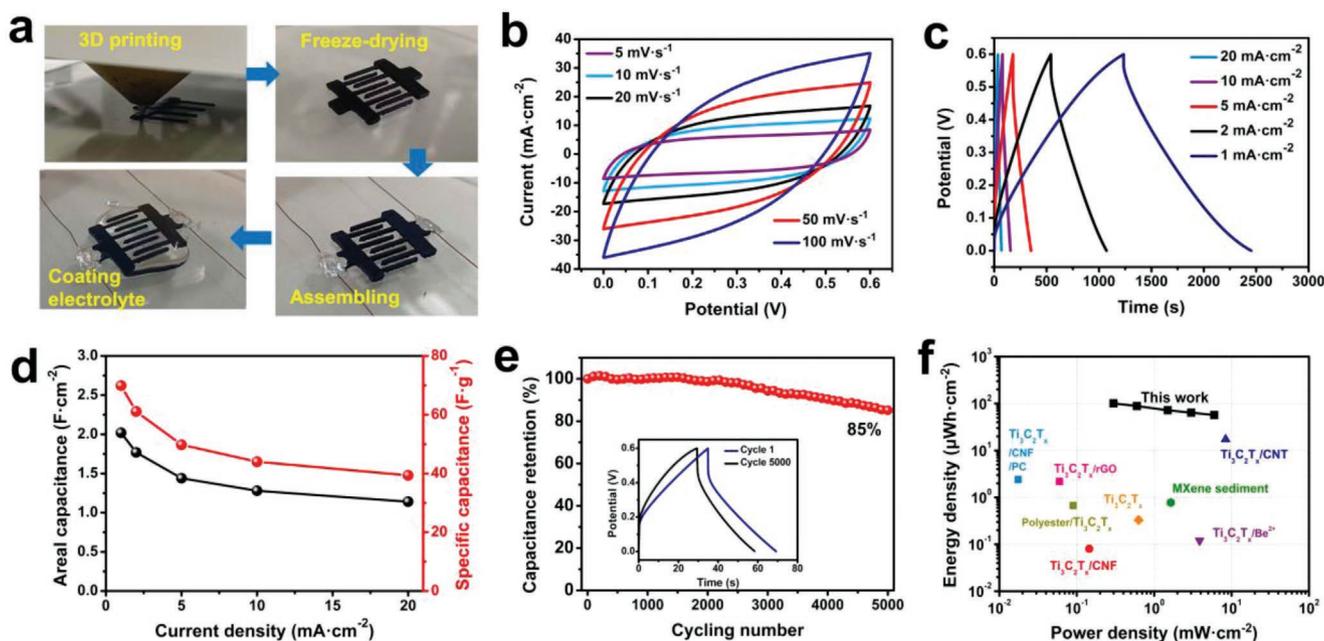
$$i = av^b \quad (1)$$

where  $a$  and  $b$  values are determined from the slope of the peak current ( $i$ ) versus scan rate ( $v$ ), and the  $b$  value of 0.5 and 0.1 represent the diffusion control behavior and surface capacitive behavior, respectively. Interestingly, the  $b$ -value corresponding to the two peak currents is calculated as 0.81 and 0.79, respectively (Figure 5e). These values are between 0.5 and 1, indicating that the charge storage process of the block involves both the diffusion control and surface capacitive. To quantify the capacitive and diffusion-control contributions to the total capacitance, a closer examination of the CV curves was performed according to the following relationship<sup>[2b]</sup>

$$\log(i) = b \log(v) + \log(a) \quad (2)$$

where  $i(V)$  is the current at a given potential in CV profile, and  $k_1v$  and  $k_2v^{(1/2)}$  are corresponding to the surface capacitive contribution and diffusion-control contribution, respectively. As shown in Figure 5f and Figure S18 in the Supporting Information, the surface capacitive contribution increases from 51.03% at 10 mV s<sup>-1</sup> to 69.82% at 50 mV s<sup>-1</sup>. The high capacitive behavior for the charge storage further demonstrate the excellent electrochemical performance of the porous MXene–CNF block.<sup>[10]</sup>

To provide a proof-of-concept design, a solid-state interdigitated SSC device was assembled using two 3D printed, freeze-dried MXene/CNF10 pectinate architecture as electrodes and the PVA/H<sub>2</sub>SO<sub>4</sub> gel as electrolyte (Figure 6a). The detailed information on the dimension of 3D printed pectinate architecture is provided in Figure S19 in the Supporting Information. The CV curves of the SSC at various scan rates present a similar shape (Figure 6b), revealing an ideal capacitive behavior. The GCD curves at the different current densities exhibit a triangular and symmetric shape (Figure 6c), also suggesting typical capacitive characteristics and superior charge storage ability.<sup>[1d,10,37]</sup> Our SSC device achieves areal capacitances of 2.02 F cm<sup>-2</sup> (specific capacitance of 69.9 F g<sup>-1</sup>) at 1 mA cm<sup>-2</sup> and 1.14 F cm<sup>-2</sup> (specific capacitance of 39.4 F g<sup>-1</sup>) at 20 mA cm<sup>-2</sup> (Figure 6d), surpassing the capacitance performance of most of previously reported MXene-based hybrids (Tables S3 and S4, Supporting information), such as MXene/CNF/PC (143 mF cm<sup>-2</sup>),<sup>[36]</sup> Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub>/silver-plated nylon fiber (328 mF cm<sup>-2</sup>),<sup>[38]</sup> Ti<sub>3</sub>C<sub>2</sub>T<sub>x</sub>/graphene fibers (372 mF cm<sup>-2</sup>).<sup>[39]</sup> Furthermore, the volumetric capacitance of the SSC device reaches 25.4 F cm<sup>-3</sup> at 1 mA cm<sup>-2</sup> and retains



**Figure 6.** Electrochemical performance of the symmetric supercapacitor device: a) Digital images of the fabrication process. b) CV profiles at various scan rates ranging from 5 to 100  $\text{mV}\cdot\text{s}^{-1}$ . c) GCD profile at various current densities ranging from 1 to 20  $\text{mA}\cdot\text{cm}^{-2}$ . d) The areal and specific capacitance. e) Cycling performance of the SSC device measured at 20  $\text{mA}\cdot\text{cm}^{-2}$ ; inset is the GCD profile at first cycle and after 5000 cycles. f) Ragone plots of our device in comparison with other reported devices in terms of energy and powder densities.

14.3  $\text{F}\cdot\text{cm}^{-3}$  at 20  $\text{mA}\cdot\text{cm}^{-2}$  (Figure S20, Supporting Information). Long-term cycling stabilities of the device at high current density (20  $\text{mA}\cdot\text{cm}^{-2}$ ) are exhibited in Figure 6e. Remarkably, the capacitance of 1.72  $\text{F}\cdot\text{cm}^{-2}$  ( $\approx 85\%$  of the initial value) was maintained after 5000 cycles. Figure S21 in the Supporting Information presents the CV profile and Nyquist plot before and after cycling measurement. The area of the CV profile decreases but the profile maintains a rectangular-like shape (Figure S21a, Supporting Information). Besides, the charge transfer resistance ( $R_{ct}$ ) associated with the semicircle diameter in high frequency region slightly increases from 3.06 to 3.49  $\Omega$  (Figure S21b, Supporting Information). These results indicate that the SSC retains the favorable charge transfer ability and capacitive behavior after cycling. It should be noted that the current leakage is a non-negligible issue for supercapacitor. We therefore conducted the self-discharge measurement to evaluate the potential influence of leakage current. The device was charged to 0.6 V at a current density of 1  $\text{mA}\cdot\text{cm}^{-2}$  and then the change of potential with time under open circuit condition was monitored. As shown in Figure S22 in the Supporting Information, the potential shows a retention of 78.36% after 5 h. The decay rate of the potential is calculated as  $\approx 7.2\ \mu\text{V}\cdot\text{s}^{-1}$ , which is close to the small value reported in previous study,<sup>[40]</sup> indicating that the leakage current would not seriously affect the electrochemical performance. Figure 6f enumerates the Ragone plots of the device in this work together with other reported devices in terms of energy and power densities.<sup>[1d,36,41]</sup> The solid-state SSC device demonstrates an energy density of 101  $\mu\text{Wh}\cdot\text{cm}^{-2}$  at a power density of 0.299  $\text{mW}\cdot\text{cm}^{-2}$  and retains 57  $\mu\text{Wh}\cdot\text{cm}^{-2}$  at the power density of 5.983  $\text{mW}\cdot\text{cm}^{-2}$ , which are orders of magnitude higher than that of ever-reported MXene-based devices (Table S3, Supporting Information). Finally, a tandem device

was fabricated by connecting four devices in series to deliver a voltage of 2.4 V. This tandem device can directly power a digital watch (Figure S23, Supporting Information) after charging, exemplifying the viability of our 3D printed SSC device toward practical application.

### 3. Conclusion

In summary, we successfully enhanced the 3D printability of MXene-based inks at low MXene loadings using CNFs as rheological modifiers through rationally controlling the dimension and surface chemistry of CNFs during TEMPO-mediated oxidation process. In addition to rheological modification, CNFs acted as intercalating agents as well, which prevents normal restacking of MXene nanosheets, leading to the formation of highly freestanding, hierarchically porous architectures after freeze-drying. Such well-designed porous structure associated with high electrical conductivity of MXene allow fast electron conduction and ion diffusion, giving rise to favorable capacitance and rate performance. As a proof of concept, a solid-state interdigitated SSC device was successfully fabricated through 3D printing. The SSC device demonstrates a high areal capacity (2.02  $\text{F}\cdot\text{cm}^{-2}$ , at 1  $\text{mA}\cdot\text{cm}^{-2}$ ), an outstanding rate capability (1.14  $\text{F}\cdot\text{cm}^{-2}$ , at 20  $\text{mA}\cdot\text{cm}^{-2}$ ), and an excellent cycling stability with retention of 85% over 5000 cycles. More importantly, the SSC device delivers an energy density of 101  $\mu\text{Wh}\cdot\text{cm}^{-2}$  at the power density of 0.299  $\text{mW}\cdot\text{cm}^{-2}$ , and the volumetric capacitance of 25.4  $\text{F}\cdot\text{cm}^{-3}$  at 1  $\text{mA}\cdot\text{cm}^{-2}$ . We anticipate that the energy and power densities can be further improved through rational design of electrode architecture by 3D printing, introduction of other active materials as well as optimization of the

1 electrolytes. It is also expected that our developed MXene/CNF  
2 inks with outstanding rheological properties and 3D printability  
3 can be extended to fabricate other energy storage and conver-  
4 sion devices that require well-customized architecture design.

## Supporting Information

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6  
7 Supporting Information is available from the Wiley Online Library or  
8 from the author.

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## Conflict of Interest

15 The authors declare no conflict of interest.

## Author Contributions

16 All authors contributed equally to this work and gave approval to the  
17 final version of the manuscript.

## Data Availability Statement

18 The data that support the findings of this study are available from the  
19 corresponding author upon reasonable request.

## Keywords

20 3D printing, cellulose nanofibers, energy storage, MXene, rheological  
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